

## 3 DAYS OF BELGIUM 2016 orienteering





## **WORLD RANKING EVENT - MIDDLE DISTANCE**

Sunday May 15th, 2016 - Neufchâteau, Belgium

## **Bulletin 1**

We are pleased to welcome you to Nolinfaing (Neufchâteau, Belgium) for the World Ranking Event stage of the 3 Days of Belgium 2016 (day 2).

## **Organisation**

Organising club ASUB Orientation asbl

**Event director** Gilles DE NEYER

Course setter Christophe BERNARD

Controller Jean-François KRIER

Contact e-mail: 2016@3days.be cell: +32 493 565 272

Website http://2016.3days.be

IOF Event Adviser Eric Hully

#### **General information**

**Event Centre** Centre Sportif du Lac

(3 Days) Rue Cheravoie, 2 - 6840 Neufchâteau - Belgium

Open from Friday May 13th at 10.00 am to Monday May 16th at 4.00 pm

Arena day 2 (WRE) near Nolinfaing village - signposting from Neufchâteau

Competition type Middle distance / WE and ME / winning time: 35 minutes

Competition rules http://orienteering.org/foot-orienteering/rules

Anti-doping Doping is forbidden - IOF Anti-Doping Rules 2015 apply

Clothing There are no regulations on shoes or clothing

Punching system EMIT (can be rented, 1€ per day)

## **Competition information**

Map New map - scale 1:10 000 - contour interval 2,5 m - spring 2016

Terrain description Moderate relief. Many paths (not always clear). Many small land forms (knolls

and terraces). In the west the vegetation is detailed but sometimes dense and runnability varies. The east is very runnable but still technically challenging.



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**WE**: 4800 m - 225 m - 22 controls **ME**: 6400 m - 140 m - 25 controls Courses

**Control descriptions** Printed on the map and separate in the prestart zone

Refreshment point Water will be provided on the WRE courses (on control descriptions)

WE: after 2200 m / ME : after 3800 m

Distance from arena to start: 1600 m Start

Warm-up map A warm-up map will be available

Start time Start window is scheduled between 9.00 am and 12.00

Start lists The start lists will be made according to IOF guidelines and be based on the

World Rankings on April 23th, 2016

Training of the 3 Days on Friday pm and Saturday am (see website) **Training** 

1st stage will be a perfect training too

#### Registration and fees

**Entry fees Before April 15<sup>th</sup>**, 2016: 50€ for the 3 Days (WRE included)

20€ for WRE only

From April 15<sup>th</sup>, 2016: 60€ for the 3 Days (WRE included)

20€ for WRE only

Entries after May 4th: limited vacant places available.

Registration for the 3 Days: see website

Registration for the WRE only: send an e-mail to 2016@3days.be

In addition to this, it is asked to all WRE-athletes to register in IOF Eventor:

http://eventor.orienteering.org/Events/Show/5328

#### Miscellaneous

Accommodation Next to the Event Centre, at Centre Sportif du Lac, in rooms for 4 or 6 persons.

Price per day and per person is 35€, including diner, lodging and breakfast.

Available packages:

2 nights, from Saturday evening till Monday morning: 70 € 3 nights, from Friday evening till Monday morning: 105 €

See other possibilities on website

A bus link from EC to all 3 stages will be organised on demand (send e-mail) **Transport** 

Check if passport/visa is needed to come to Belgium Visa

http://diplomatie.belgium.be/en/services/travel\_to\_belgium/visa\_for\_belgium

Weather forecast http://www.yr.no/place/Belgium/Wallonia/Neufchâteau



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Insurance Runners are responsible for their own insurance. The organisers accept no

responsibility in case of accident.

**Jury** The composition of the jury will be published the latest on May 1<sup>st</sup>, 2016

Price giving ceremony Arena at 2 pm

## **Embargoed area**

